# CHAPERONES

Ensuring positive & successful patient-physician interactions



# WHAT IS A CHAPERONE?

Chaperones are independent, appropriately trained individuals who work with physicians to observe examinations and/or procedures. Their presence helps support and protect both the patient and the physician.



## **ROLES & RESPONSIBILITIES**



#### Duties before

Understand what constitutes a proper sensitive examination.

Assist with disrobing, proper gowning & draping, positioning, room set up.

Assist physician with any instruments or other help required.

#### **Duties during**

Position yourself to obtain an unobstructed view of the examination.

Reassure the patient, be attentive and answer questions.

Recognize discomfort in patients and explore ways to ease their distress.

#### **Duties after**

Accurately record your observations. For example:

"Chaperone present throughout entire patient examination. No concerns noted." (date, time, signature).

### **ROLES & RESPONSIBILITIES**

- Developing an office policy regarding chaperones.
- Ensure staff and patients understand and have access to it.
- Proper implementation of policy

# WHY HAVE CHAPERONES?

Mutual benefit to all parties involved
Measure of safety
Part of good medical practice
Increased transparency
Positive feedback
Valuable by increasing efficiency

- Comply with CPSA standards of practice
- Communicate clearly & in plain language
- Explain why the sensitive exam is necessary, obtain informed consent, explain as you go & end by asking if there are any questions.

