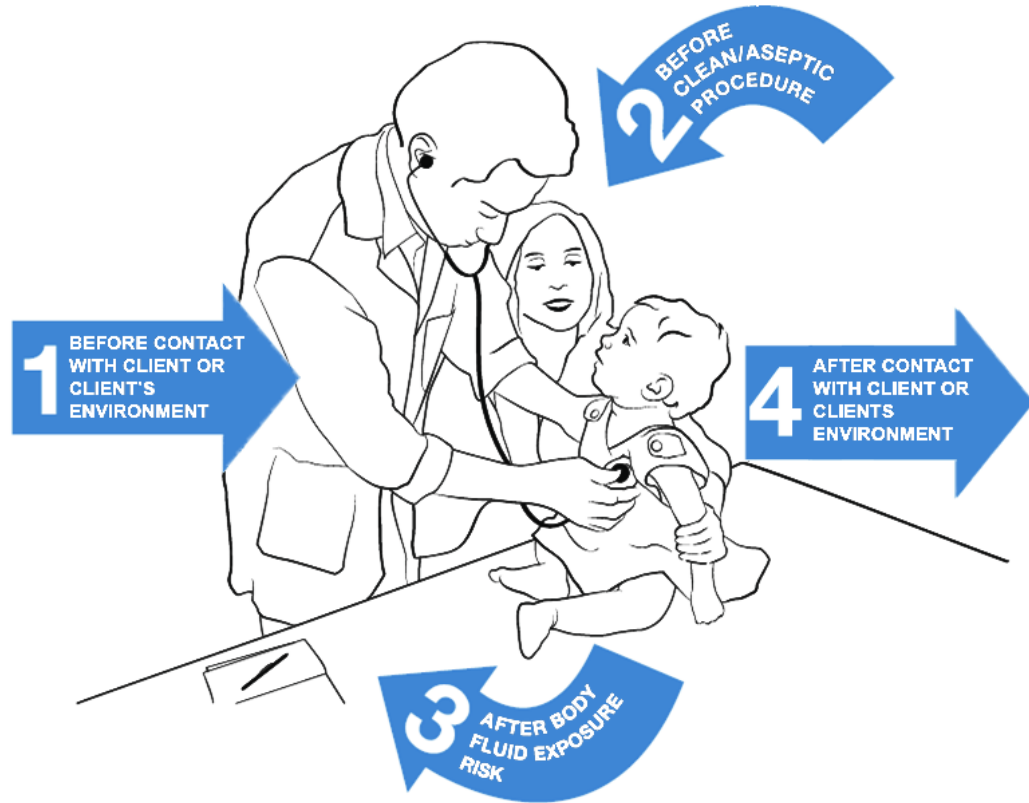


Your 4 Moments for Hand Hygiene



1	BEFORE contact with client/client's environment	<p>Why? To protect the client against harmful germs carried on your hands</p> <p>Example: Before helping to position a client</p>
2	BEFORE clean/aseptic procedure	<p>Why? To protect the client against harmful germs from entering their body</p> <p>Example: Before using an otoscope or tongue depressor on a client</p>
3	AFTER body fluid exposure risk	<p>Why? To protect yourself and the health care environment from harmful germs</p> <p>Example: After contact with saliva or body fluids</p>
4	AFTER contact with client/client's environment	<p>Why? To protect yourself and the health care environment from harmful germs</p> <p>Example: After using a stethoscope on a client</p>