

# STANDARDS OF PRACTICE

# Telemedicine

Under Review: No

Issued By: Council: January 1, 2010 Reissued by Council: June 5, 2014



The <u>Standards of Practice</u> of the College of Physicians & Surgeons of Alberta ("CPSA") are the <u>minimum</u> standards of professional behavior and ethical conduct expected of all regulated members registered in Alberta. Standards of Practice are enforceable under the <u>Health Professions Act</u> and will be referenced in the management of complaints and in discipline hearings. CPSA also provides <u>Advice to the Profession</u> to support the implementation of the Standards of Practice.

- 1. For the purpose of this Standard, "telemedicine" means the provision of medical diagnosis and patient care through electronic communication where the patient and the provider are in different locations.
- 2. A regulated member who practises telemedicine for a patient located within Alberta **must**:
  - a. hold a valid and active Alberta practice permit with CPSA; and
  - b. adhere to CPSA's <u>Standards of Practice</u>, <u>Code of Conduct</u> and <u>Code of Ethics</u>.
- 3. Notwithstanding subclause 2(a), a regulated member who does not hold a valid and active Alberta practice permit **may** practise telemedicine for a patient located within Alberta if:
  - a. the total number of telemedicine events are limited to five (5) times per year; or
  - b. the telemedicine event is for emergency assessment or treatment of a patient.
- 4. A regulated member who holds a valid and active Alberta practice permit and practises telemedicine for a patient located outside Alberta **must** comply with the licensing or registration requirements of the jurisdiction in which the patient is located.

#### Terms used in the Standards of Practice:

<sup>• &</sup>quot;Regulated member" means any person who is registered or who is required to be registered as a member of this College. The College regulates physicians, surgeons and osteopaths.

<sup>• &</sup>quot;Must" refers to a mandatory requirement.

<sup>• &</sup>quot;May" means that the physician may exercise reasonable discretion.

 $<sup>\</sup>bullet \text{ ``Patient'' includes, where applicable, the patient's legal guardian or substitute decision maker.}\\$ 



- 5. A regulated member **must not** issue or sign a prescription, by electronic or other means, unless the regulated member:
  - obtains a medical history and conducts an appropriate examination of the patient adequate to establish a diagnosis and identify underlying conditions;
  - b. ensures there are no absolute contraindications to the treatment recommended or provided; and
  - c. has an appropriate, informed discussion to ensure the patient understands the risks, benefits and course of action if concerns are identified.
- 6. Notwithstanding clause (5), a regulated member **may** issue a prescription without meeting the full scope of the requirements listed above in the following circumstances:
  - a. for emergency treatment of a patient;
  - b. in consultation with another regulated member who has an ongoing relationship with the patient and who has agreed to provide ongoing supervision of the patient's treatment; or
  - c. in an on-call or cross-coverage situation in which the prescribing regulated member has access to the patient's medical records.

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## **RELATED STANDARDS OF PRACTICE**

- Cannabis for Medical Purposes
- Continuity of Care
- Establishing the Physician-Patient Relationship
- Informed Consent
- Patient Record Content
- Prescribing: Administration
- <u>Prescribing: Drugs Associated with Substance Use Disorder or Substance-</u> Related Harms

## **COMPANION RESOURCES**

- Advice to the Profession:
  - Telemedicine
  - Electronic Communications & Security of Mobile Devices
  - o Cannabis for Medical Purposes
  - Continuity of Care
  - Informed Consent for Adults
  - Informed Consent for Minors
  - Physicians as Custodians
  - o Prescribing: Administration
  - Prescribing: Drugs Associated with Substance Use Disorder or Substance-Related Harms
- Patient FAQs: Telemedicine
- CMPA's The Most Responsible Physician
- OIPC's Privacy Impact Assessment

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