

## Dr. Marnie Hinton Resident Award for Physician Wellness

Your support of resident awards is an investment in the next generation of leaders and change makers. They empower well-deserving residents as they complete their professional training and go on to make extraordinary contributions to our local and global communities.

We are pleased to share with you the 2021 recipient:

### Dr. Jovana Milenkovic

Dr. Milenkovic is currently headed into the 4th year of pediatric residency and then will be starting a hospital pediatrics fellowship here at the University of Calgary. Originally from a small town in Serbia, she moved to Toronto at 6 years old where she also grew up and completed medical school before making the move out West – where she has loved every minute of being here in Calgary, enjoying the fresh air and mountain views.



“Generalized overall wellness and especially Physician wellness is something I am extremely passionate about and hope to be able to continue to advocate for. As the saying goes “you can’t pour from an empty cup. Take care of yourself first.” As a physician, we are given the great gift of being able to help our patients through some of their worst and best days. However, this gift comes with responsibility and at times lots of hardship. In order to provide great quality care and true empathy to our patients, a physician needs to have wellness in every aspect of their lives. In a world where the tasks each of us must complete grows & it seems bad news is everywhere around us, it is more important than ever to participate in those activities that fill our cup and allow us to be the best version of ourselves with our patients, family and friends.

Thank you for your generosity and partnership in providing life-changing opportunities for our residents.

**For more information about your gift at work, please contact:**

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