

## Dr. Marnie Hinton Resident Award for Physician Wellness

Your support of resident awards is an investment in the next generation of leaders and change makers. They empower well-deserving residents as they complete their professional training and go on to make extraordinary contributions to our local and global communities.

We are pleased to share with you the 2021 recipient:

### Dr. Amita Mahajan

Born and raised in Calgary, Dr. Mahajan completed her Internal Medicine residency and Endocrinology fellowship here as well. Within Endocrinology, she is interested in Diabetes in Pregnancy and Reproductive Endocrinology. Dr. Mahajan also has an interest in spending her extra time teaching the future doctors of our generation, and outside of work, adventuring with her husband and their son, Neal.



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*To me, wellness is about creating an environment that is inclusive, compassionate, and about recognizing the hard work and individual struggle of each member of our community. It starts from the top and travels down. The single most important change in the culture of medicine has been the move towards ensuring representation at all levels. By engaging with all members of the community, we nurture an environment that promotes systemic wellness and acknowledges that responsibility does not lie solely with individuals. I recognize that there is still a lot of work to do in this area but am proud to join my colleagues in this initiative. In the words of my fearless leader, Dr. Doreen Rabi, 'It's not a you problem, it's an us problem'.*

Thank you for your generosity and partnership in providing life-changing opportunities for our residents.

**For more information about your gift at work, please contact:**

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