

POLICY # & TITLE	7.3 Travel
PURPOSE	Describe the conditions to be met when regulated members being monitored for a substance use disorder are required to travel outside their home environment and practice area
SCOPE	Regulated members being monitored for a substance use disorder who may need to travel outside their home environment and practice area
NOTES	<p>“Regulated member” means any person who is registered or is required to be registered as a member of the CPSA.</p> <p>In general, travel is discouraged or not recommended during periods of time that may be deemed high risk given the regulated member’s situation. This typically includes the first six months of monitoring.</p>

LAST APPROVED: MAY 14, 2021

POLICY STATEMENT

Regulated members being monitored who need to travel outside their home environment and practice area, are expected to meet the following requirements:

- 1) Notify the Program Manager responsible for the CPSA biological monitoring program of their intention to travel a minimum of two weeks prior to the expected date of travel providing the following information, if requested by the Program Manager:
 - a) Travel itinerary, places of stay and daytime and evening contact phone numbers
 - b) Travel companion(s), the companion’s contact information, and whether companion(s) has knowledge of their rehabilitation status and monitoring requirements by the CPSA
 - c) Foreseeable risks and opportunities that the travel may present, along with a reasonable plan of action to mitigate potential risks.
- 2) Develop a safe travel plan that may include:
 - a) Providing notification to sponsors and treating physicians of travel arrangements
 - b) Obtaining knowledge and contacts of local abstinence meetings and/or other resources for support at the destination(s)
 - c) Arrangements for phone-in contact with the Program Manager responsible for the CPSA biological monitoring program
 - d) Travel kits for screening purposes and/or local screening facilities

- 3) Upon request, provide a statement of the risks and opportunities encountered during the travel as well as the mechanisms used to maintain successful rehabilitation
- 4) Report any instances of relapse to the Program Manager responsible for the CPSA biological monitoring program, including modifications to future travel plans to maintain the regulated member's health
- 5) If undergoing toxicology testing, provide a specimen immediately before and immediately after travel

SUPPORTING DOCUMENTS

- [Urine Toxicology While Travelling](#)

RESPONSIBILITIES

The Registrar is given the authority to determine competence, including continuing competence of regulated members. The HPA allows the Registrar to delegate functions and duties to another person or committee. The Registrar's duties and responsibility under Part 3 of the HPA have been delegated to the Assistant Registrar(s) and/or Competence Committee responsible for continuing competence, including physician health monitoring.

APPROVAL

Council governing the College of Physicians & Surgeons of Alberta

AUTHORITY DOCUMENTS

- [Health Professions Act](#)
- [CPSA Bylaws](#)
- [CPSA's Standards of Practice](#)
- [Code of Ethics & Professionalism](#)