



# Watch the Welcome Video from our Medical Lead for more information.

## **JOIN THE CMN!**

Contribute to the improvement of care for patients suffering with chronic pain and substance use in your practice.

\*Together, we can change the lives of thousands of patients in Alberta!

## **Overview:**

The Collaborative Mentorship Network for Chronic Pain and Addiction (CMN) addresses the urgent need to build capacity within primary care teams in the areas of chronic pain and substance use. The CMN supports evidence-based knowledge translation, education, and mentorship opportunities for its members, with a harm reduction focus. It creates a community of practice that allows colleagues to connect with one another for educational events, discussion, and mentorship.

# **Objectives:**

- Provide practical, evidence-based, and relevant complex clinical care continuing professional development (CPD) based on learning needs
- Enhance the capacity of primary care teams, and increase connections to community partners in providing complex clinical care for patients with chronic pain and addiction
- Enhance the quality of complex clinical care across the system
- Provide a platform for integration among primary care and specialty care

# Why Join

Through a secure and inclusive space, members will grow their understanding of chronic pain and substance use through various resources and peer-to-peer consultation.

Members can join CMN in one or more of the following ways:

### **Become a Mentor**

Mentors are professionals with expertise and experience in pain management and or/addiction.

## **Request a Mentor**

Mentees are members who want to build their confidence and capacity in treating chronic pain and/or addiction.

# **Share in Monthly Virtual Collaboration Forums**

The Virtual Collaboration Forum brings together members in a monthly web/teleconference to feature relevant, impactful presentations on topics chosen by CMN members and the Scientific Planning Committee.

#### **Use the Discussion Board**

The Discussion Board provides a secure online platform for members to read and seek advice from peers.

#### **Attend CMN Education Events**

Workshops and other opportunities will be provided to members to help build capacity and competency in the areas of chronic pain and addiction within the patient's medical home.

This program and its events are FREE and exclusive to CMN members.

#### **Contacts:**

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