

STANDARDS OF PRACTICE

Cannabis for Medical Purposes

Under Review: <u>NoYes</u> Issued By: Council: <u>AprilApr</u> 3, 2014 (<u>Issued by Council:</u> Marihuana for Medical Purposes) Reissued by Council: May 3, 2017 (name<u>Name</u> change only: Cannabis for Medical

Purposes)



The **Standards of Practice** of the College of Physicians & Surgeons of Alberta ("CPSA") are the **minimum** standards of professional behavior and ethical conduct expected of all regulated members registered in Alberta. Standards of Practice are enforceable under the *Health Professions Act* and will be referenced in the management of complaints and in discipline hearings. CPSA also provides **Advice to the Profession** to support the implementation of the Standards of Practice.

Note: a glossary of terms can be found at the end of this document. Glossary terms are indicated in teal with a "^{G"} throughout this document.

PREAMBLE

Health Canada has approved the use of cannabis for medical purposes. Regulated members have the choice to treat or not to treat their patient'spatients' medical condition or symptom(s) with cannabis.

While the Patient Medical Document no longer needs to be sent to CPSA, Health Canada's requirements remain in place.

- 1. A regulated member **must** notify the Cannabis for Medical Purposes (CMP) Program prior to authorizing cannabis for medical purposes by submitting their name, registration number and contact information.
- <u>+2</u> A regulated member who chooses not to treat <u>a</u> patient's medical condition or symptom(s) with cannabis should **must** do so in accordance with the <u>Code of Ethics &</u> <u>Professionalism-& Professionalism</u> and <u>Conscientious Objection</u> standards of practice.

1.--- A regulated member who chooses to treat patients with cannabis must:

2.3. register with CPSA-asproviding an authorizer of initial authorization for cannabis for medical purposes; must:

Terms used in the Standards of Practice:

as a member of this College. The College regulates phy

Cannabis for Medical Purposes

Formatted: Font: Ekster, 14 pt, Font color: Background 1

Commented [CD1]: Glossary of terms added per legal review on prior consultations. Terms will be added as indicated by consultation feedback.

Commented [CD2]: Preamble added to ensure Health Canada requirements have not changed.

Commented [CD3]: "Notify" substituted for "register" to indicate it is not application/approval process: we will collect contact information to provide educational resources and updates as necessary.

Commented [CD4]: Clarification added.

Commented [CD5]: Removed, as typically does not apply in this context.

 [&]quot;Regulated member" means any person who is registered or who is required to be registered as a member of this College. The College regulates physicians, surgeons and osteopaths.

 [&]quot;Must" refers to a mandatory requirement.

 [&]quot;May" means that the physician may exercise reasonable discretion.

^{• &}quot;Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.



- a.—attempt and find conventional therapies ineffective in treating the patient's medical condition or symptom(s);
- b.-assess the patient's risk of addiction using a standard addiction risk tool;
- a. <u>received</u>iscuss the risks of using cannabis with the patient and document the discussion in the patient's record:
- a.<u>b. obtain</u> informed consentⁱ¹ in accordance with the <u>Informed Consent</u> standard of practice;
- c. review available prescription databases, including assess the patient's risk of developing a substance use disorder using a standard risk assessment tool;
- b.d. review a prescription database (e.g., Alberta Netcare, Pharmacy Information Network (PIN) and <u>TPP Alberta</u>)) to obtain a patient the patient's medication profile;
- c.e. comply with provincial and federal regulations, including Health Canada's Information for Health Care Professionals; and
- c.-complete a Patient Medical Document.
- 2. A patient's medical document must include the:
 - d.-patient's:
 - i.-given name and surname;
 - ii. date of birth; and
 - iii. personal health care number;

¹See the CPSA's Informed Consent for Adults Advice to the Profession.

Terms used in the Standards of Practice:

- "Regulated member" means any person who is registered or who is required to be registered
- as a member of this College. The College regulates physicians, surgeons and osteopaths.
- "Must" refers to a mandatory requirement.
- "May" means that the physician may exercise reasonable discretion.

Commented [CD6]: From CPSBC.

Commented [CD7]: 'Addiction' is increasingly recognized as a potentially stigmatizing word for people suffering from a substance use disorder.

Commented [CD8]: Not a regulation; added as a resource to the AtP.

Cannabis for Medical Purposes

^{• &}quot;Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.



e.-regulated member's:

- i.--registration number;
- ii.-given name and surname;
- iii.-business address and telephone number; and
- iv.-facsimile number and email;
- f.<u>address</u>retain a copy of the location at which<u>document provided for</u> the regulated member treated the patient;
- g.-medical condition or symptom(s) cannabis is treating;
- h. daily quantityauthorization of cannabis to be used by the patient expressed for medical purposes in grams;
- i.f. period of use specified as a number of weeks or months (not to exceed one year) beginning on the day the the patient's medical document is signedrecord; and
- j.-regulated member's signature and date of signing.
- g. document in the patient's record:
 - i. a comprehensive medical assessment of the condition to be treated with cannabis, including a history, physical examination and investigations, as appropriate; and
 - ii. conventional therapies that have been attempted to assist the patient in the management of the medical condition that have not successfully helped the patient.
- 3.4. A regulated member completingauthorizing medical cannabis for a patient medical document **must**:

 "Regulated member" means any person who is registered or who is required to be registered as a member of this College. The College regulates physicians, surgeons and osteopaths.

Cannabis for Medical Purposes

Commented [CD9]: Covered under legislations above. Deleted to shift focus away from the medical document and instead lay out basic rules for safe prescribing for medical cannabis. Reference to the patient medical document will be moved to the ATP.

Commented [CD10]: From <u>CPSBC</u>.

Terms used in the Standards of Practice:

Must refers to a mandatory requirement.

 [&]quot;May" means that the physician may exercise reasonable discretion.

^{• &}quot;Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.



a. evaluate the patient on a regular basis at least once every six months to determine the benefits and risks of cannabis as treatment for the medical condition or symptom(s) stated in the patient medical document;

a.-at minimum see the patient every three months following stabilization#;

- b. provide ongoing care to the patient for the underlying medical condition or symptom(s) for which cannabis is the treatment, including a process to identify misuse or abuse of cannabis; and and access for any emerging substance use disorder(s)
- b._provide CPSA with a copy of the patient's medical document within one week of completing the medical document.
- c. review available prescription databases, including the Pharmacy Information Network (PIN) and the Triplicate Prescription Program (TPP) at least once every 6 months.

4.5. A regulated member **must not**:

- a. dispense or provide cannabis to any patient or person; or
- b. apply to become a licensed producer of cannabis $\frac{1}{\tau_i}$

- c. accept any incentives or rebates for providing authorization for cannabis for medical purposes;
- d. charge patients or licensed producers of cannabis for activities associated with authorizing medical cannabis for a patient or

e. authorize medical cannabis for a patient unless the physician:

i. has a longitudinal treating relationship with the patient (e.g., a primary care provider); or

Terms used in the Standards of Practice:

"Regulated member" means any person who is registered or who is required to be registered

as a member of this College. The College regulates physicians, surgeons and osteopaths.

Cannabis for Medical Purposes

Commented [CD11]: Duration is defined; window for CMP is kept wider than prescribing standard (clause 1) intentionally. AtP to include guidance on when once every 6 months may be sufficient, but other situations, such as prescribing in those under 25, should be more frequent.

Commented [CD12]: Based on feedback from physicians: the requirement to 'see' the patient every 3 months is not always practical or necessary in each situation. Will be included in the AtP.

Commented [CD13]: Again, negative connotations with this language

Commented [CD14]: Cannabis and/or a co-occurring SUD

Commented [CD15]: Shifting focus away from monitoring and towards safe prescribing practices

Commented [CD16]: Added to address potential conflicts of interest. We expect physicians will be using medical cannabis as a therapy to treat patients in appropriate clinical situations. Authorizing medical cannabis should not be approached as a business model.

^{• &}quot;Must" refers to a mandatory requirement.

 [&]quot;May" means that the physician may exercise reasonable discretion.

 $^{{\}boldsymbol{\cdot}}\xspace$ "Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.



ii. is in direct communication with a primary care provider who has a longitudinal treating relationship with the patient

GLOSSARY

Submitting: to notify CPSA of your authorization of cannabis for medical purposes, please email your name, registration number and contact information to CMPInfo@cpsa.ab.ca or via the form on our website.

Code of Ethics & Professionalism: to review the *Code of Ethics & Professionalism,* please click here.

Document: documentation of the discussion of risks should be done in accordance with the *Patient Record Content* standard of practice.

Informed consent: to review the *Informed Consent* standard of practice, please click here. More information can be found in the Informed Consent for Adults Advice to the Profession document.

Standard risk assessment tool: a standard risk assessment tool helps analyze and evaluate factors that have the potential to cause harm to a patient.

RELATED STANDARDS OF PRACTICE

- <u>Advertising</u>
- <u>Code of Ethics & Professionalism</u>
- Conflict of Interest
- Continuity of Care
- Informed Consent
- Patient Record Content
- <u>Responsibility for a Medical Practice</u>

COMPANION RESOURCES

- Advice to the Profession documents:
 - <u>Cannabis for Medical Purposes</u>

- "Regulated member" means any person who is registered or who is required to be registered as a member of this College. The College regulates physicians, surgeons and osteopaths.
- Must refers to a mandatory requirement.
- "May" means that the physician may exercise reasonable discretion.



Commented [CD17]: Authorizing medical cannabis should happen in the context of an established patient-physician relationship; AtP to highlight this further.

Terms used in the Standards of Practice:

^{• &}quot;Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.



Terms used in the Standards of Practice:

- · "Regulated member" means any person who is registered or who is required to be registered as a member of this College. The College regulates physicians, surgeons and osteopaths.
- "Must" refers to a mandatory requirement.
- "May" means that the physician may exercise reasonable discretion.
- "Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.

Cannabis for Medical Purposes



- o Informed Consent for Adults
- Continuity of Care
- o Legislated Reporting & Release of Medical Information
- o Advertising
- o Responsibility for a Medical Practice

• Information for Health Care Practitioners - Medical Use of Cannabis

⁴ See CPSA's Advice to the Profession: Informed Consent for Adults-

Image: stable angular

<td * The stabilization phase is defined by the use of a stable amount, medical condition or symptom(s) relief and reasonable confidence that no misuse is occurring.

Terms used in the Standards of Practice:

• "Regulated member" means any person who is registered or who is required to be registered as a member of this College. The College regulates physicians, surgeons and osteopaths.

• "Must" refers to a mandatory requirement.

• "May" means that the physician may exercise reasonable discretion.

 \cdot "Patient" includes, where applicable, the patient's legal guardian or substitute decision maker.

Cannabis for Medical Purposes