

---

**June 5, 2020**

### **Strathmore physician guilty of self-prescribing and inappropriate relationship with a patient**

**Edmonton, AB** – Dr. Altaf Khumree, a General Practitioner from Strathmore, was found guilty of three counts of unprofessional conduct by a CPSA hearing tribunal.

At his disciplinary hearing in January 2020, Dr. Khumree was accused of the following:

1. Entering into a personal relationship with a patient, for whom he had been providing medical care since 2011, which conflicts with CPSA’s standard of practice on boundary violations.
2. Inappropriately prescribing medication to himself on several occasions (including opioids and other drugs prone to abuse) between 2012 and 2015, in violation of the Canadian Medical Association’s *Code of Ethics*.
3. Failing to declare on his CPSA annual renewal that he’d engaged in an inappropriate relationship with a patient, or that he’d been charged with a criminal offence (impaired driving), which conflicts with CPSA’s standard of practice on self-reporting.

Dr. Khumree admitted to the allegations against him and sanctions will be determined at a later date, after Dr. Khumree undergoes further assessment. Sanctions under Bill 21, *An Act to Protect Patients*, do not apply to this case as the complaint predates the change in legislation.

Dr. Khumree’s practice permit is still active pending the sanction decision, with a condition requiring him to have a chaperone present when treating female patients.

#### **Resources:**

[CPSA Hearing Tribunal decision](#)

– 30 –

*The College of Physicians & Surgeons of Alberta is the regulator for all physicians and surgeons in the province and is governed by the Health Professions Act. Our role is to protect the public by issuing practice permits to those who meet educational and training criteria, hold Alberta physicians to ethical and medical practice standards, and investigate and resolve physician-related complaints. CPSA also ensures the safety and quality of medical and diagnostic testing services in Alberta through an independent accreditation program.*

#### **Media Inquiries:**

Jessica McPhee, Director of Communications  
Phone: 780 401 0972  
Email: [jessica.mcphee@cpsa.ab.ca](mailto:jessica.mcphee@cpsa.ab.ca)